



COMMUNITY • ADVOCACY • RESOURCES • EDUCATION • SOLUTIONS

From Prediction to Prevention.

Ways We Can Help Our Unhoused Neighbors

Stronger People. Healthier Communities. 

*"Everyone
deserves a safe
place to belong."* 

Homelessness is more than a lack of housing. It's a crisis of health, safety, trauma, and disconnection. With compassion, resources, and community support, we can help our unhoused neighbors find stability, opportunity, and a brighter future.

COMMON CHALLENGES FACED BY UNHOUSED INDIVIDUALS

Many people experiencing homelessness face multiple, overlapping challenges that can make daily survival difficult.



Mental Health Challenges

Untreated trauma, mental illness, and emotional stress.



Basic Needs Not Met

Food, clean water, shelter, restrooms, and hygiene.



Chronic Health Conditions

Limited access to healthcare and medications.



Lack of Stable Housing

No safe, consistent place to live.



Social Isolation

Disconnection from family, friends, and community.



Violence and Exploitation

Higher risk of assault, robbery, and coercion.



Exposure to Extreme Weather

Heat, cold, and environmental conditions can be life-threatening.

LOCAL RESOURCES IN SAINT CLAIR COUNTY, ILLINOIS

These trusted organizations provide essential services and support to individuals and families experiencing homelessness.



19 Public Square, Suite 200
Belleville, IL 62220

618-825-3330
Toll-free: 888-397-5730

- Housing assistance
- Resources and support services
- Referrals to community programs



19 Public Square, Suite 200
Belleville, IL 62220

618-277-6790

- Emergency assistance
- Temporary shelter
- Referrals to local services
- Food assistance
- Financial management support



20 Glory Pl.,
Belleville, IL 62226

1-800-725-2769

- Food assistance
- Shelter and housing support
- Clothing and basic needs
- Additional support services

WAYS WE CAN HELP

Everyone can make a difference. Whether through kindness, awareness, or support, there are many ways to help our unhoused neighbors in Saint Clair County.



Offer Kindness and Respect

A smile, a conversation, and basic human respect go a long way.



Support Local Organizations

Volunteer, donate, or help spread the word about available resources.



Share Information

Let others know about local services and how to access them.



Advocate for Solutions

Support policies and programs that expand affordable housing and support services.



See the Person

Remember that every individual has a story, strengths, and potential for a brighter future.



Support Community Efforts

Work together to build a safer, healthier, and more inclusive Saint Clair County.



www.illinois-cares.com

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