

Spark the Safety Firefly

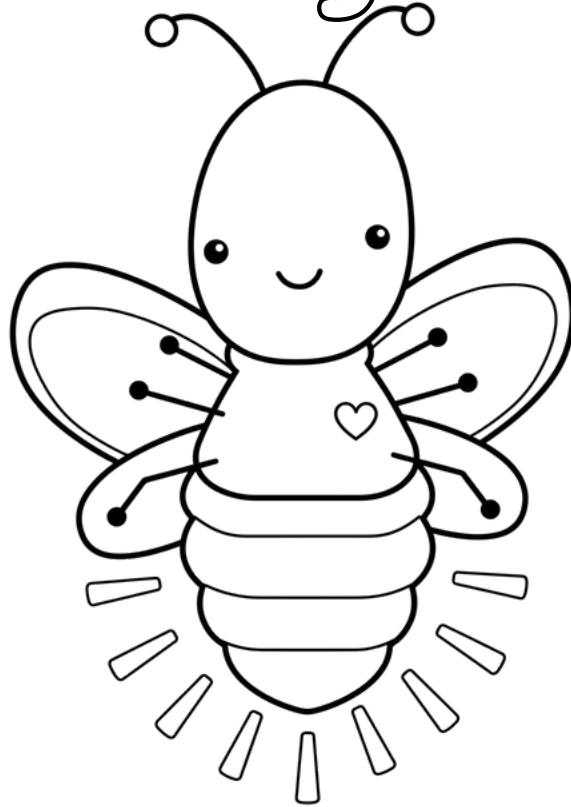
A Safety Activity Book



ILLINOIS
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Meet Spark the Safety Firefly!



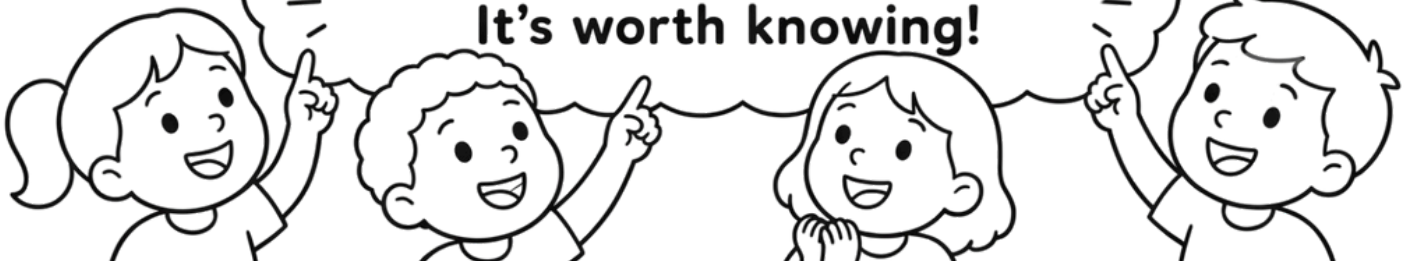
Hi, I'm Spark!

I shine my light on things that
help keep kids safe, healthy,
and strong.

Whenever you see me...

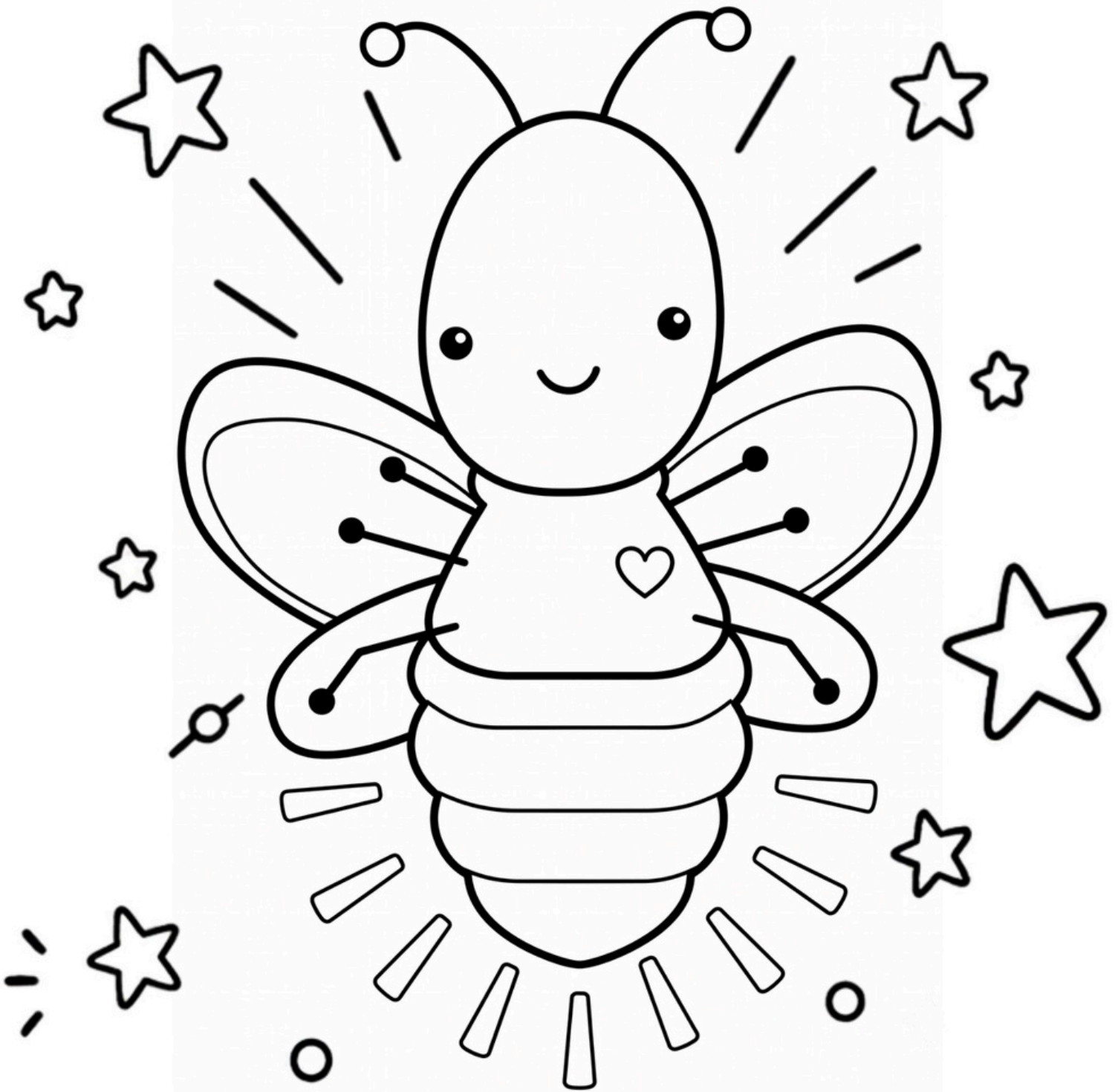
- ◆ Stop and look.
- ◆ Listen carefully.
- ◆ Talk with a grown-up.
- ◆ Learn something new.

**Whenever Spark is glowing...
It's worth knowing!**



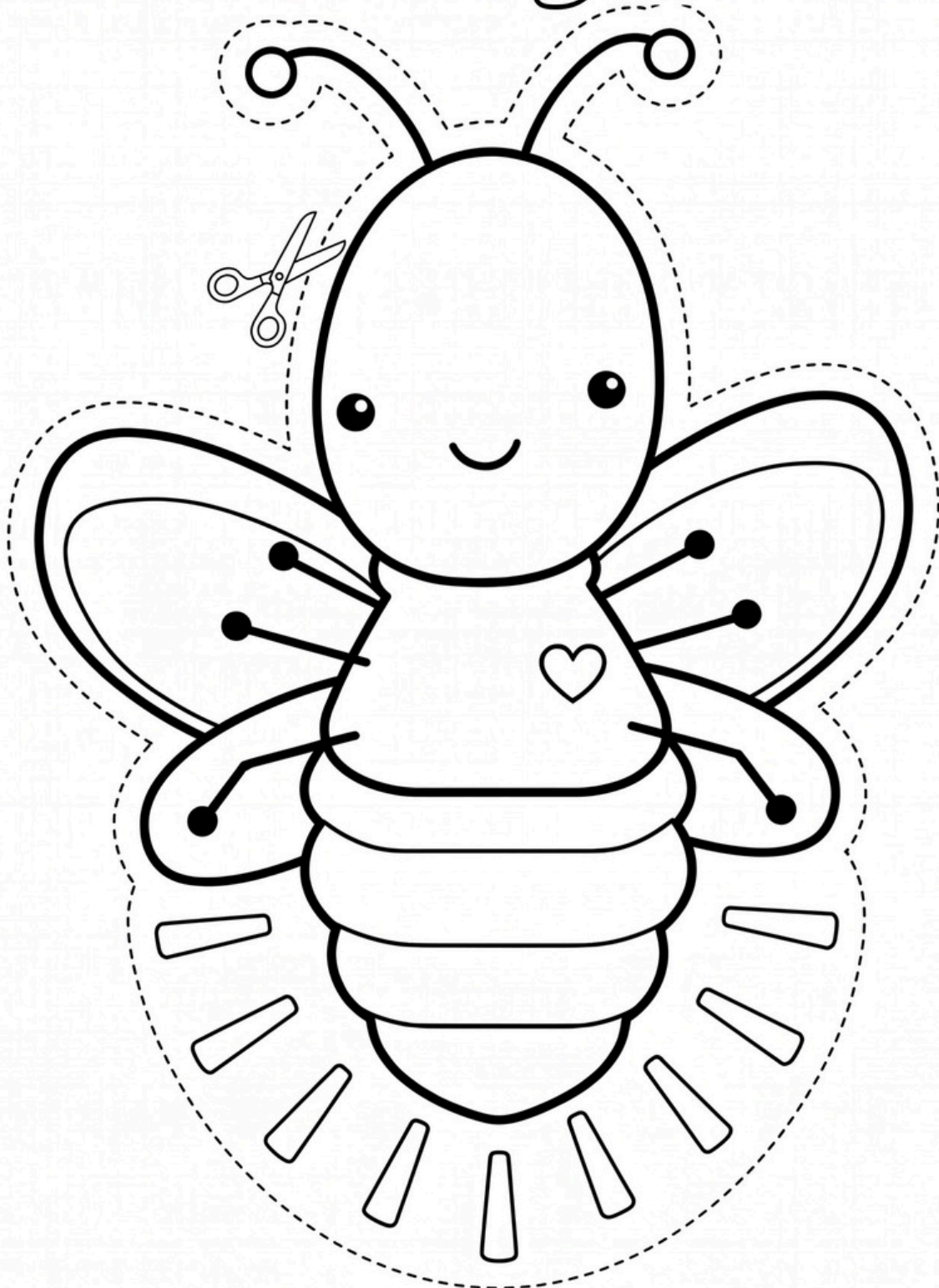
Spark♡

The Safety Firefly



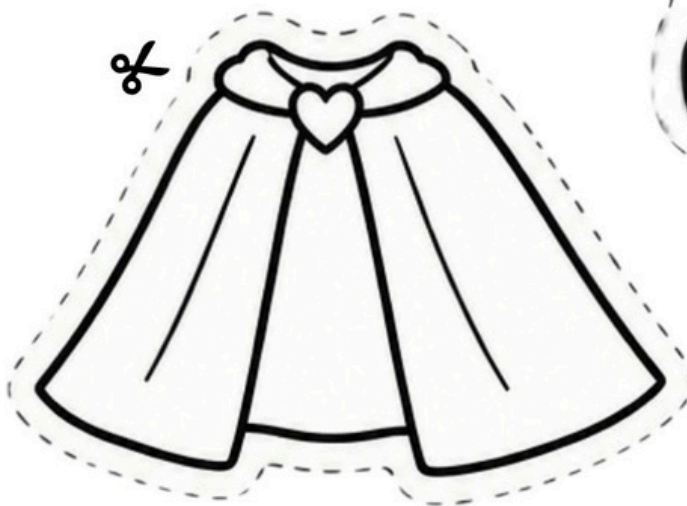
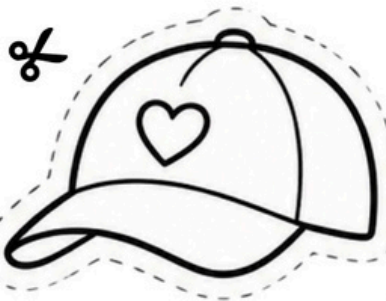
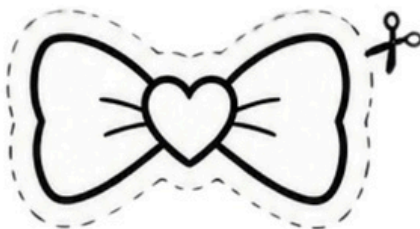
Spark

The Safety Firefly



♥ Dress Up Spark

color, cut and dress spark in your own style ✂



School Safety

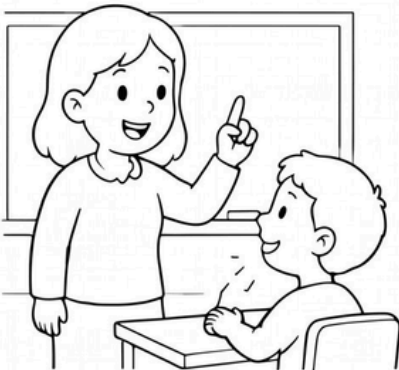
**Safe Today,
Ready to Learn!**



Rules



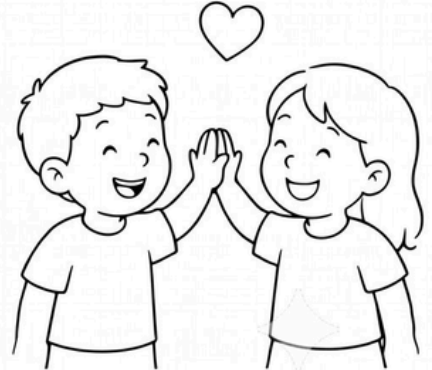
**Listen to
teachers.**



**Use walking
feet.**



**Be kind
to others.**

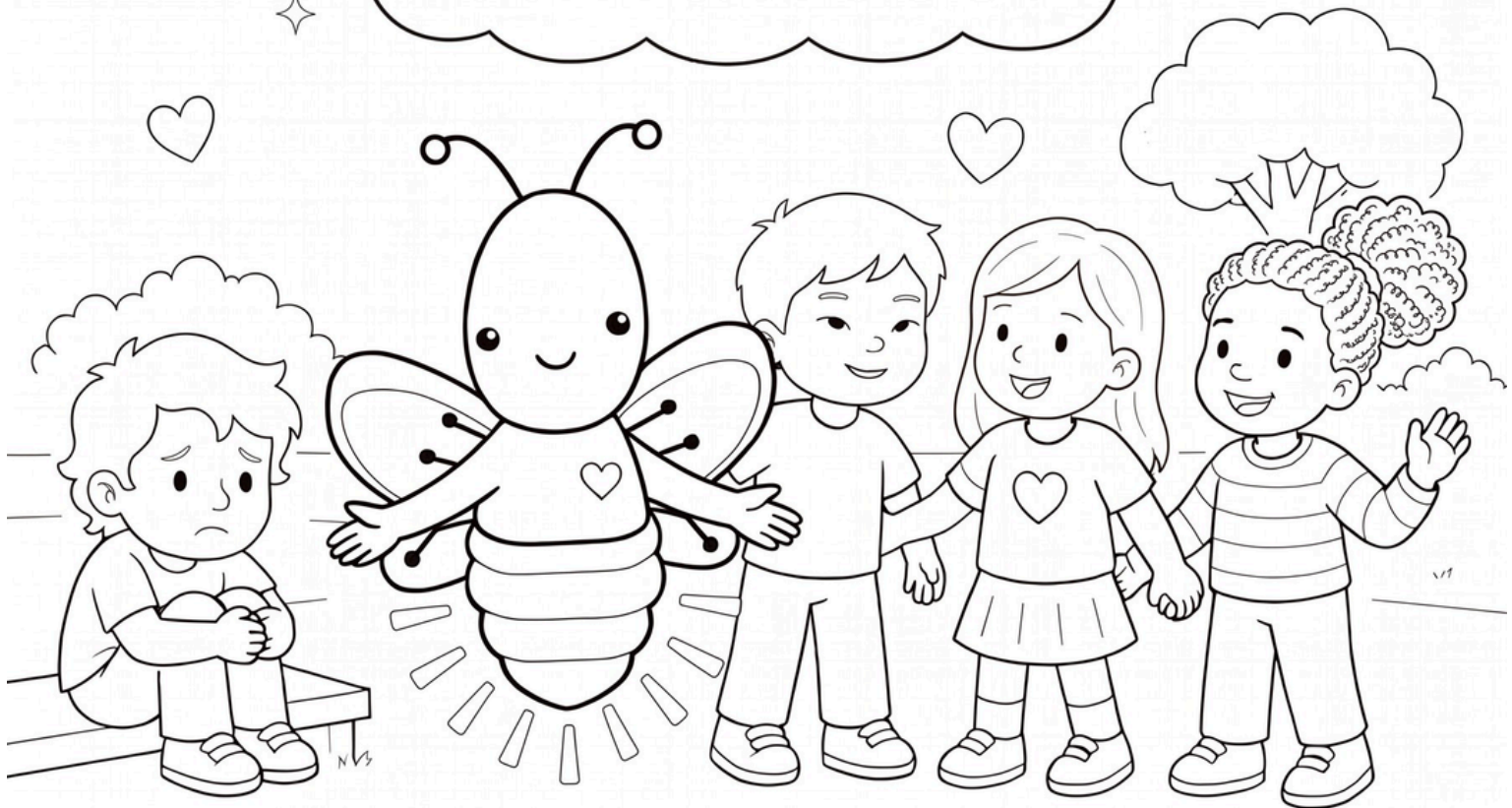


Whenever Spark is glowing, it's worth knowing!



♥ Bullying Prevention ✨

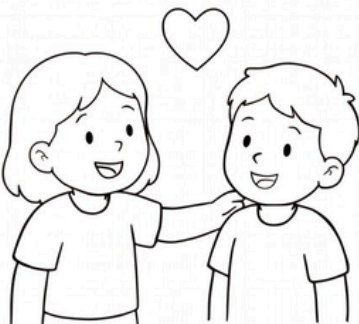
Choose Kindness!



Rules



Be kind.



Include others.



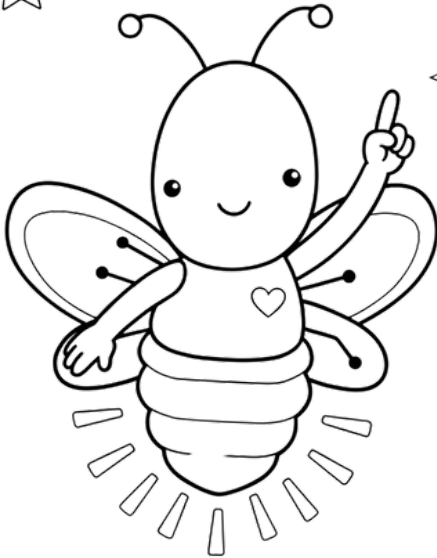
Tell a grown-up if someone is hurting you or others.



★ Whenever Spark is glowing, it's worth knowing! ★



Body Safety



Remember,
**YOUR BODY
BELONGS TO YOU!**
You have the right
to be safe.

Spark Says:



Say NO to unwanted attention or affection, keeping secrets about my body, or feeling weird or uncomfortable.



Tell a trusted grown-up.



You are important.
You have the right to be safe!

1



I Am in Charge:

I am the boss of my body. I get to make choices about what happens to it.



2



We Use Real Names:

We use the real names for all body parts so I can ask for help if I need to.



3



Private Parts Are Private:

Private parts are the parts covered by a bathing suit. No one should touch or look at them.



4



I Can Say NO:

I have the right to say "no" to any touch I don't want, even hugs or kisses from family.

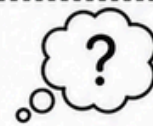


5



Trust My Feelings:

If a touch makes me feel confused, scared, weird, or uncomfortable—it's not okay.



6



No Bad Secrets:

Secrets about my body or secrets that make me feel bad or uncomfortable are never okay.



7



I Have a Safety Circle:

I can talk to 5 trusted grown-ups if I ever feel unsafe. I will keep telling until someone helps me.



Whenever Spark is glowing, it's worth knowing!



Stranger Safety



1. Check First

Always check with a trusted adult before going anywhere or talking to someone you don't know.



Remember:
It's OK to say "NO!"
and get away
from unsafe
situations.

2. Stay Safe

Stay in places where there are other people.



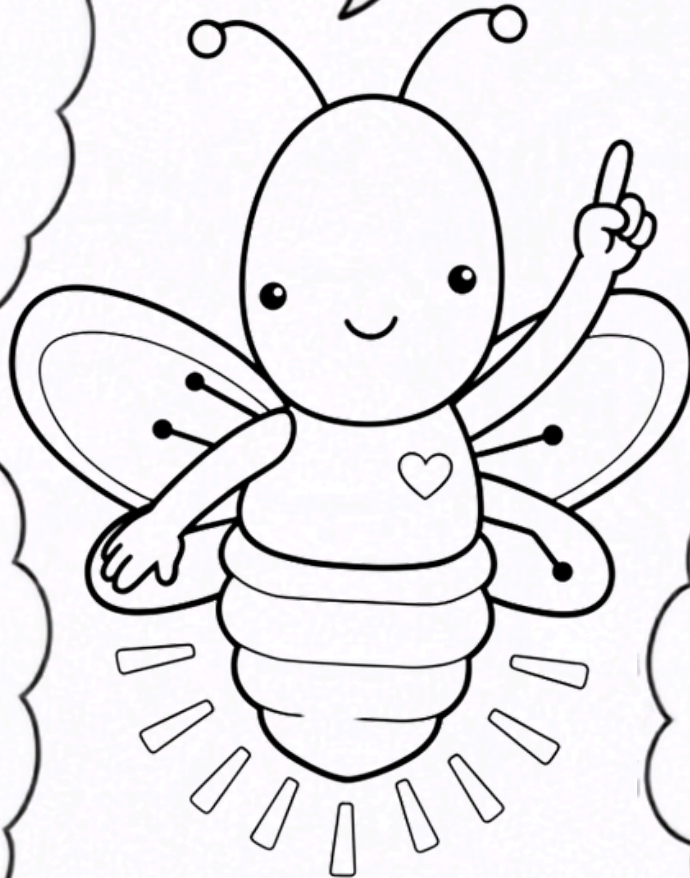
3. Say "NO!"

You have the right to say "NO!" if someone makes you feel uncomfortable.



4. Tell a Trusted Adult

If something doesn't feel right, tell a trusted adult right away.



Whenever Spark is glowing, it's worth knowing!



Online Safety



Spark Says:
Be Smart Online!



Simple Rules



Ask a
grown-up
first.



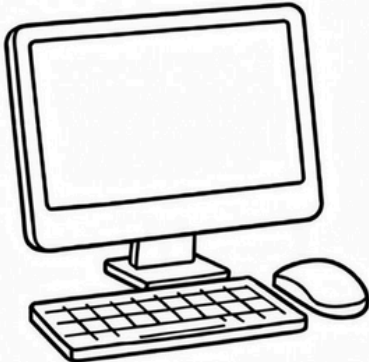
Never share
your name.



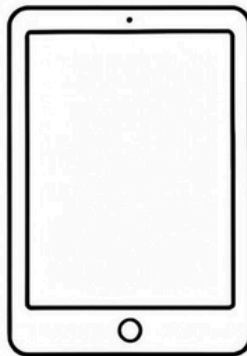
Tell someone
if something
feels scary.



Color:



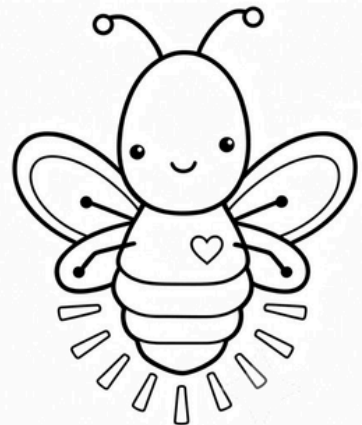
Computer



Tablet



Parent



Spark



Whenever Spark is glowing, it's worth knowing!



★ Weather Safety ★

**Be Aware,
Be Prepared!**



Lightning



Rain



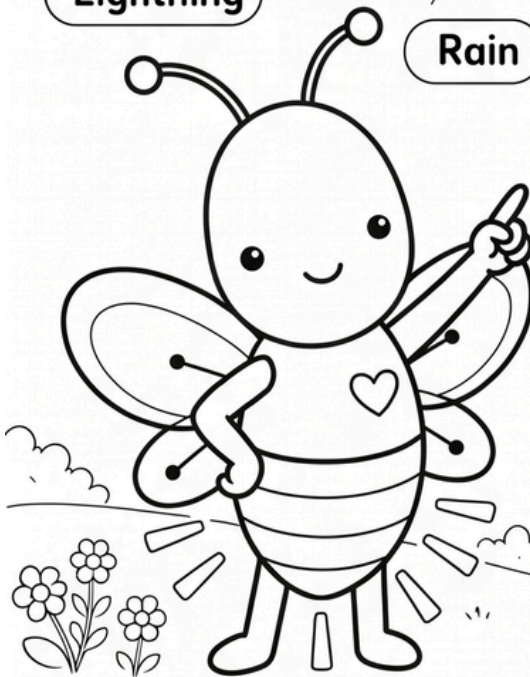
Snow



Sun



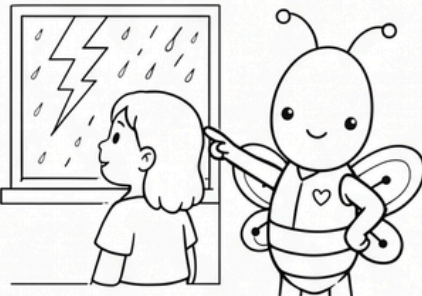
Wind



Rules



**Go inside
during storms.**



**Stay with
adults.**



**Listen for
weather warnings.**

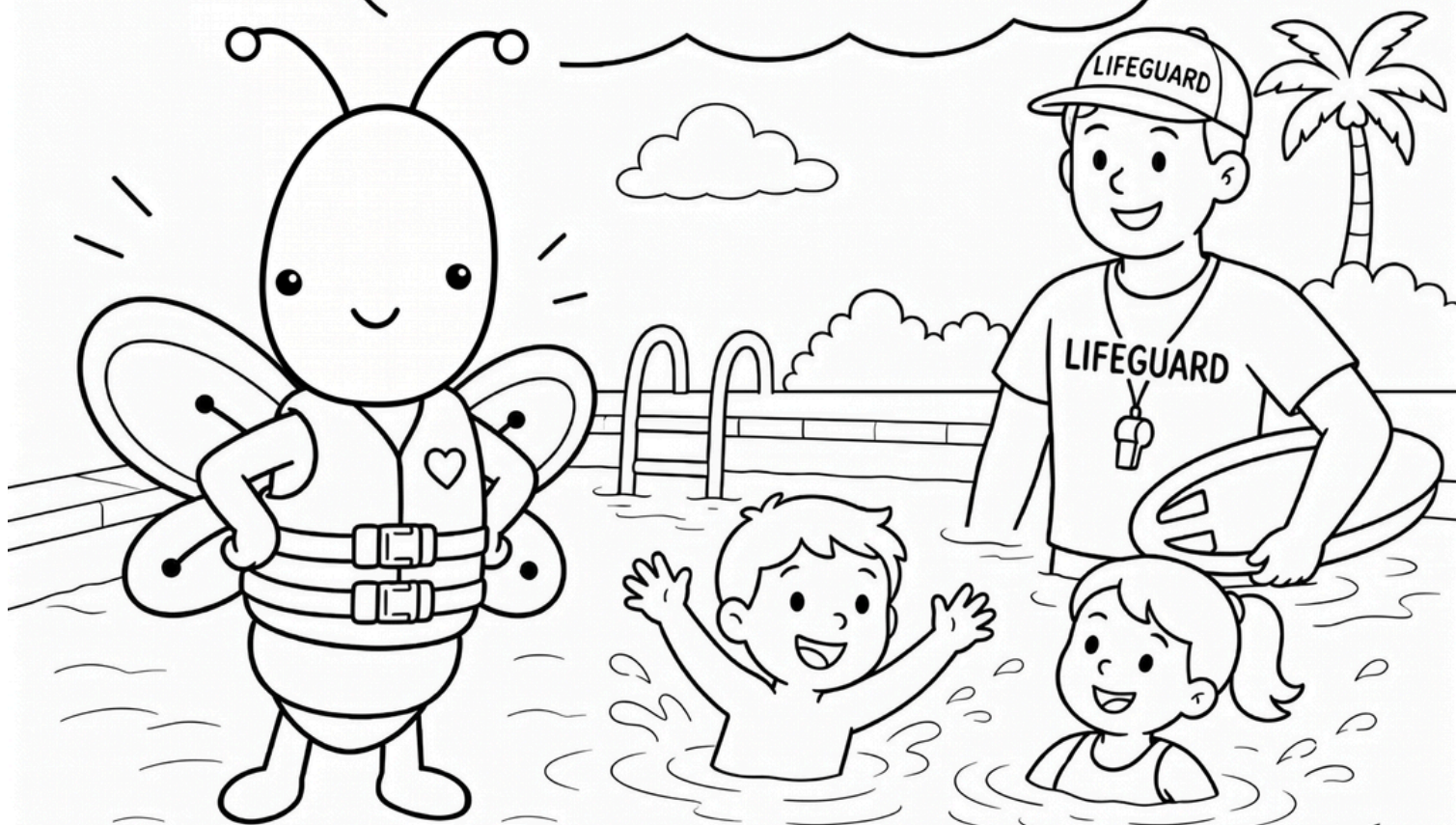


Whenever Spark is glowing, it's worth knowing!



Water Safety

**Be Safe
Around Water!**



Rules



Wear a life jacket or a flotation device



Swim with a grown-up.



Stay where adults can see you.



Whenever Spark is glowing, it's worth knowing!



Drug & Medicine Safety



Medicine is
NOT Candy!



Rules



**Only adults
give medicine.**



Never eat
unknown pills.



Ask first.



Whenever Spark is glowing, it's worth knowing!



Fire Safety



Rules

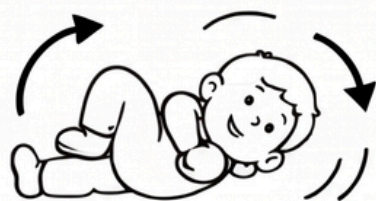
✓ Stop



✓ Drop



✓ Roll



Call 911
with a grown-up.



☆ ≡ **Whenever Spark is glowing, it's worth knowing!** ≡ ☆

Bicycle Safety

**Ride Safe,
Have Fun!**



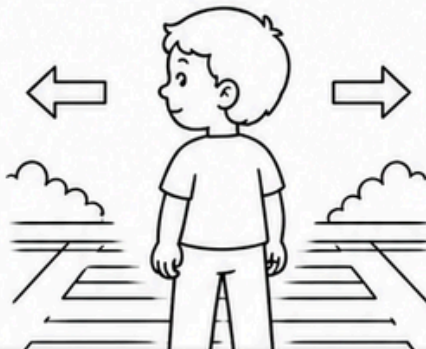
Rules



**Wear
a helmet.**



**Look both
ways.**



**Ride where
it's safe.**



Whenever Spark is glowing, it's worth knowing!





Join Our TEAM!

Help us strengthen our communities and make a difference in the lives of individuals and families across St. Clair County and beyond. Illinois C.A.R.E.S.™ is looking for passionate, forward-thinking individuals to join our team!



BOARD POSITION TREASURER

We are seeking a dedicated individual to serve as Treasurer on our board. Help oversee financial responsibilities and contribute to the long-term success and sustainability of Illinois C.A.R.E.S.™.



VOLUNTEER OPPORTUNITIES



Grant Writing & Grant Research
Help identify and pursue funding opportunities to support our mission.



Social Media, Postings & Marketing
Join our team to create and share content that raises awareness and connects our community.

Interested?

Please fill out a **Partner** or **Volunteer Form** on our website. We would love to hear from you!

VISIT OUR WEBSITE
SCAN HERE



www.illinoiscares.com



Be part of a meaningful cause.



Share your skills and talents.



Work alongside amazing people.



Help create stronger, healthier communities.

Together, we can make a brighter tomorrow. 