

DR. OLIVIA JOHNSON

Founder & President, Illinois C.A.R.E.S.™

Dr. Olivia Johnson is the Founder and President of Illinois C.A.R.E.S.™, a statewide predictive public health initiative focused on reducing preventable morbidity and mortality through early risk identification, education, advocacy, resource alignment, and community collaboration.

She is a veteran, former law enforcement officer, medicolegal death investigator, researcher, and public health advocate whose work spans occupational wellness, behavioral risk analysis, and systems-based approaches to understanding and reducing preventable harm across populations.

Dr. Johnson's professional background includes extensive experience in law enforcement operations, death investigation, and behavioral research, which informs her development of predictive frameworks designed to identify risk patterns before they escalate into crisis. Her work emphasizes the intersection of Social Determinants of Health (SDOH), occupational stressors, environmental conditions, and behavioral indicators that contribute to long-term health outcomes.

Through Illinois C.A.R.E.S.™, she has developed a predictive prevention model that integrates data-informed analysis, cross-sector collaboration, and community-based education to strengthen protective factors and improve quality of life across Illinois communities. The initiative is currently being piloted in St. Clair County, Illinois, with a long-term vision of statewide implementation.

Her work is grounded in the belief that many adverse outcomes—including illness, injury, violence, addiction, and premature death—develop over time through identifiable and measurable patterns. By identifying these risk patterns earlier and aligning individuals with appropriate resources and support systems, communities can improve outcomes and reduce preventable harm.

Dr. Johnson continues to work with public safety professionals, healthcare systems, educators, and community organizations to advance predictive health strategies, strengthen workforce wellness, and improve coordinated responses to complex social and health challenges.